



Quite simply, our philosophy is pampering you.

In a life filled with stress, deadlines and increasing demands on your body and time, let The Sanctuary at Mollies become your personal refuge for total relaxation. Renew and indulge your mind, body and soul with one of our deluxe treatments, including massage, facials, body treatments, safe sun treatment, or one of our spa packages for the ultimate sensory journey.

The Sanctuary at Mollies is passionate about delivering the highest quality and standards in our treatments and products and guarantees the most pampered, relaxing experience with each visit.





Hours

The Sanctuary at Mollies is open 7 days a week.

Arrival

Please arrive 15 minutes prior to your scheduled appointment. This allows more time for a relaxing check in and prepares you for the blissful experience that awaits you.

Spa Etiquette

Upon arrival please turn off all cellular phones and pagers. Our goal is to offer the most peaceful and relaxing environment to each and every guest. Thank you for your consideration.

Spa Information

- Minimum age for Spa guests is 14.
- Please note that as a courtesy to our clients a prompt appointment schedule is adhered to. Please be aware that if you arrive late your appointment may not be honoured or will finish at the scheduled time to respect our next client's scheduled time.
- Please advise your therapist before your treatment if you have any special health or physical conditions which may affect your treatments in the spa.
- If you have a preference for a male or female therapist please advise us at the time of booking and we will endeavor to accommodate where possible.
- Disposable underwear is provided for women during relevant treatments. Men can wear their underwear or bring swimwear for treatments. Our therapists are trained to drape you and protect your privacy at all times.
- Please take care of all your valuables, as The Sanctuary cannot take responsibility for their loss.

Cancellation/Postponement

We understand if you need to cancel or postpone your treatment. If so, we require 24 hours notice, or 48 hours if the appointment is for 2 hours or more, or a 50% cancellation fee will apply. If you do not arrive for your booking, the full amount will apply and any gift vouchers are void.





MASSAGE

Indulge in a full hour of personalized massage to unwind and de-stress. Choose from our Therapists specialties: Deep Tissue, Swedish or Sports Massage.

Massage:	30 minutes	\$80
	45 minutes	\$90
	60 minutes	\$120
	90 minutes	\$160

The Sanctuary Signature Massage

Personalise your treatment with your choice of aromatherapy essential oil blends, then begin your relaxation with a foot ritual followed by a full body massage and finish off with a stress relieving scalp massage.

Signature Massage:	75 minutes	\$140
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Body Scrubs

Gently exfoliates your skin to leave it feeling supple and rejuvenated. Helps to reinvigorate and stimulate circulation in the skin.

Full Body Scrub:	60 minutes	\$90 pp
Half Body Scrub:	45 minutes	\$75 pp

Special - Tandem Treatment Ritual

Find your centre in this healing journey that uses herbs and techniques from the world's highest peaks. Your spirit will soar with renewed vitality while tension and stress fade away with this full body Aromatherapy massage, pressure point head massage and reflexology – a journey of self-renewal for your body and spirit. This is a great treatment for couples.

Tandem Ritual:	120 minutes	\$200 pp
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FACIAL

Mini Facial

Dedicated Time: 30 minutes \$75

Mollies Signature Facial

Our signature facial is an excellent way to experience skincare for the first time. Utilizing the natural actives in pure essential oils, botanical extracts and herbal preparations, our facial provides lush layers of skincare treatment, leaving skin deeply cleansed, hydrated and renewed.

Dedicated Time: One Hour \$150

Essential Decadence

This incredible facial is all about pampering you while achieving results. Lie back and envelop your senses with 90 minutes of absolute indulgence, basking in the knowledge that every moment is improving the your skin's wellbeing. What more excuse do you need!

Dedicated Time: 90 minutes \$175

Facial Add-ons

Mineral Makeup Application:	\$20
Hand and Arm Massage:	15 min \$20
Foot and Lower Leg Massage:	15 min \$20
Back Massage:	15 min \$25





HANDS & FEET

Often the most neglected when it comes to treatment, hands and feet suffer from the effects of our dry, harsh environment. They deserve a little love.

Mini Manicure

Treat your hands to an instant make over. Shape, cuticle, buff and polish of your choice.

Dedicated Time: Half Hour \$70

Spa Manicure

Relax with a full hour of hand care. A complete exfoliation, shape, cuticle treatment, paraffin dip, massage, and buff and polish.

Dedicated Time: One Hour \$95

Mini Pedicure

Your feet will be transformed with a shape, cuticle treatment and heel buff.

Dedicated Time: 45 minutes \$70

Spa Pedicure

Luxuriate with the full exfoliation, shape, cuticle treatment, relaxing foot bath, heel buff, massage, paraffin dip and polish of your choice.

Dedicated Time: One Hour \$90





MAINTENANCE

With the use of hot and strip disposable wax, Mollies provide efficient and hygienic wax treatments in a clean safe environment.

Women

Bikini	\$35
Underarm	\$35
Extended Bikini	\$35
1st Time Brazilian	\$95
Brazilian	\$75
Half Leg	\$50
Full Leg	\$70

Men

Full Leg	\$100
Speedoline	\$35
Back or Chest	\$50

Other

Chin	\$35
Lip	\$35
Half Arm	\$55
Full Arm	\$75

All About Eyes

Brow Shape	\$25
Brow Tint	\$25
Lash Tint	\$30





INDULGENCE PACKAGES

Treatment Ritual (150 min) - \$250 pp

Find your centre in this healing journey that uses herbs and techniques from the world's highest peaks. Your spirit will soar with renewed vitality while tension and stress fade away with this full body massage, pressure point head massage and mini facial – a journey of self-renewal for your body, face and spirit.

Bliss (3.5 hr) - \$280 pp

Begin this journey of pampering and relaxation with a beautiful signature facial, an eyebrow shape & tint, followed by a 60 minute full body massage. Then treat your hands and feet to a classic manicure and pedicure, to leave you looking and feeling fabulous.

Indulgence (3.5 hr) - \$400 pp

First you will enjoy our beautiful signature facial designed to return a glowing freshness to your skin. Then sit back and relax while you receive a spa manicure and pedicure.

Bridal Package (2 hr) - \$500 pp

Get ready for your big day with a Mollies signature facial including a Lash tint, Brow tint and shape. Then enjoy a relaxing back, neck and shoulder massage and finish off with a mini manicure and mini pedicure with French polish or a polish of your choice.

Spa Lunch Package (2 hr) - \$300 pp

This tempting package gives you a taste of all your favourite treatments. Begin with a 30 minute massage, mini facial, mini manicure and pedicure followed by a 2 course lunch with a glass of wine in our restaurant.

Dual Indulgence for Two @ \$320 pp

2 x 1 hr Massage, 2 x Spa Manicure, 2 x Spa Pedicure, Antipasto Platter with glass of wine for 2



THE SANCTUARY @ MOLLIES CLIENT CONSULTATION FORM

Client Name _____ Room No _____
 NZ Address Only _____
 Email _____ Mob No _____
 Telephone (home) _____ (work) _____
 Referred By: _____ Client's Age (optional) _____

Client History

What is your primary goal for the service you will be having today?
 Relaxation or specific problems you would like addressed?

If you are having a facial treatment today, are you currently using any skin care products at home?

Do you suffer from any of the following?

Osteoporosis	Hypermobility	Arthritis/Gout	Eczema
Digestive Problems	HIV/AIDS	Hepatitis	Irritable Bowel
Skin Problems	Depression	Headaches	Varicose Veins
Hernia/Ulcer	Rheumatism	Epilepsy	Constipation
Heart Condition	Hyperthyroid	Dizziness	Blood Clots
Chest Pains	Easy Bruising	Oedema	Asthma
Sleep Disturbance	PMT	Fatigue	Cancer
Fluid Retention	Viral Conditions	Vision Problems	RSI/OOS
Allergies	Arteriosclerosis	Strokes	Joint dislocation
Breathing Problems	Psoriasis	Hemophilia	Menopause
High / Low Blood Pressure (please circle)		Numbness / Tingling	

Other – please specify





If you answered yes to any of the above questions, please specify in the spaces provided:

Are you on any medication or under any medical supervision? YES NO

Doctor's Name _____ Phone Number _____

Medication _____

Have you had surgery, accidents or injuries? (Past or Present) YES NO

Details _____

Have you ever had any injuries / dysfunction to your spine? YES NO

Details _____

Are you pregnant or planning a pregnancy? YES NO

Are there any body areas that are sensitive or that you would not like to have massaged / touched?
eg: feet, head, breasts, stomach, etc.?

Do you wear or have:

Contact Lenses Hearing Aids Joint Replacement Pacemaker
Metal Pins or Plates in your Body Difficulty lying on your front or backside

Your Signature: _____ Date _____

Therapist's Signature: _____ Date _____

